

ORIGINAL PAPER

THE MEDICINAL IMPORTANCE OF WILD PLANTS FROM THE SURROUNDINGS OF ULIEȘ VILLAGE, MUREȘ COUNTY

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Abstract: The village of Ulieș belongs to Râciu Commune. It is located in the south-eastern part of the Transylvanian Plain (N46°41'30" E24°23'56") in a hilly region crossed by wide valleys. It is situated at 24 km distance from Tîrgu Mureș, in the contact area of Mădăraș Hills and Comlod Hills, on the middle stream of the Comlod River (or Lechința) and its tributaries. The paper aims were the study of the flora from the surroundings of Ulieș Village, the investigation of possible medicinal use of the encountered plants species, and the preservation of plant diversity from the area. Fieldworks were conducted in 2014-2017. A total of 415 vascular plant taxa belonging to 76 families were identified. From these, 185 species are medicinal plants with certain content of active principles. Plants containing tannins (13.51%) were in higher percentage followed by those with essential oils (12.97%), saponins (10.81%), alkaloids (8.10%), flavonoids (7.56%), coumarins (7.02%), mucilages (5.94%), iridoids (5.40%), phenolic glycosides (3.78%), anthraquinone derivatives and cardiotoxic glycosides (3.24), organic acids, vitamins and provitamins (3.78%), bitter principles (2.70), bitter-aromatic principles (2.16%), etc.

Keywords: spontaneous flora, medicinal plants, active principles, remedies for human diseases, Mureș County.

1. Introduction

Ulieș Village (**Fig. 1A, B**) was attested since 1321 under the name “Wlues, Wleus, Ulves”. The relief is characterized by marl, marly shales, clays and sands, conglomerates and volcanic tuffs. Altitude reaches 350-450 m. The low hills and plateaus belong to the temperate continental climate (Șoneriu and Mac, 1973; Coțțiu and Coțțiu, 2010). The average annual temperature is 9°C and the average annual rainfall is between 550 and 650 mm. In the last years a decrease in the volume of rainfall can be observed. The hydrographic

network density is low (0.3-0.5 km/km²). Ulieș Village is crossed by the right tributary of Comlod, named Ulieș River, with the following rivulets: Izvor, Cetegău, Techeniș and Valea Hegmenilor. The main identified soil classes are: cernisols, luvisols, protisols, hidrisols and antrisol. In the meadows and terraces aluviosols can be found which are rich in nutrients and are favorable to crops (corn, sugar beet, vegetables, potatoes, etc.) (Coțțiu, 2010; Florea and Munteanu 2012).



Fig. 1. Ulieș Village and surroundings: **A.** general view; **B.** Glimee-type landslides (original)

Although many researches were carried out on the flora and vegetation of Mureș County, there are still unstudied white spots on the counties map. The present paper aims were: (1) the study of the flora from the surroundings of Ulieș Village; (2) the investigation of possible medicinal use of the encountered plants species; (3) the preservation of the floristic diversity from the area. This region once was rich in heyfields with great plant diversity, but in present it is affected by the spread of invasive plants mainly resulting from the uncultivated agricultural lands.

2. Materials and Methods

The identification of the taxa was made according to the classical techniques and procedures from the literature. For this the specialized works of “Flora Europaea” (1964-1980) were consulted. The nomenclature of the taxa complies with the rules of the “International Code of Botanical Nomenclature” (Code de Melbourne, 2012) and the book of Sârbu et al. (2013). In the inventory of plant species, the adopted classification system was updated according to the most recent publications (Oroian, 2011; Cristea, 2014). The medicinal plants were grouped according to the dominant active principles for which they are used in traditional medicine and phytotherapy, adopting the grouping of plants after Eșianu and Laczkó-Zöld (2016) as well as the most recent specialized publications (Istudor, 1998, 2001, 2005; Stănescu et al.,

2002, 2004). The identification and classification of the protected plants were made on the basis of the specialty literature (Dihoru and Dihoru 1993-1994; Oltean et al., 1994; Bilz et al., 2011; Mihăilescu et al., 2015).

3. Results and discussions

The study area once was covered with wide forests. Also the banks of the streams and the steep hills (with clay, marl and many landslides) were covered with shrubs and the sunny slopes facing south with steppe vegetation (**Fig. 2A**) (Borza, 1929, 1931, 1936; Doniță et al., 1992). The meadows which today are characteristic features of the Transylvanian Plain have gradually evolved as forests were cleared to obtain place for agricultural lands (**Fig. 2B**). These productive farmlands now are abandoned by the aging villagers and weeds are spreading on the uncultivated lands (**Fig. 2C, D**). The edges of the cereal fields are often full of the vivid colors of forking larkspur (*Consolida regalis*) (**Fig. 2E**), common poppy (*Papaver rhoeas*) and cornflower (*Centaurea cyanus*) (**Fig. 2F**).

In this study 415 vascular plant taxa belonging to 76 families were identified (see in **Table 1** of the Supplementary Material). Pteridophytes (2 species) and Gymnosperms (1 species) are very poorly represented in the territory.

Most of the taxa belong to Angiosperms from the classes of Dicotyledoneae (342 taxa) and Monocotyledoneae (69 taxa). The families

with the most numerous species are: Asteraceae (53 species from 36 genera), Lamiaceae (39 species from 21 genera), Fabaceae (33 species from 15 genera), Poaceae (28 species from 22 genera), Rosaceae (20 species from 12 genera) Ranunculaceae (19 species from 11 genera), Apiaceae and Scrophulariaceae (each with 16 species from 14 and 9 genera, respectively), Brassicaceae and Liliaceae (each with 12 species from 12 and 11 genera, respectively), Caryophyllaceae and Polygonaceae (each with 10 species from 7 and 3 genera, respectively), etc. The analysis of the species number

revealed that vascular plant diversity is higher in open land than in forests and shrubs. In forests there are more vernal and annual species, and also geophytes (G). The genera with the most numerous species in the territory are: *Trifolium* (with 9 species), *Veronica* (with 7 species), *Galium*, *Salvia* (each with 6 species), *Campanula*, *Linum*, *Potentilla*, *Rumex* and *Stachys* (each with 5 species), *Ajuga*, *Artemisia*, *Astragalus*, *Centaurea*, *Euphorbia*, *Medicago*, *Ranunculus*, *Viola* (each with 4 species), the remaining genera having one, two or three species.

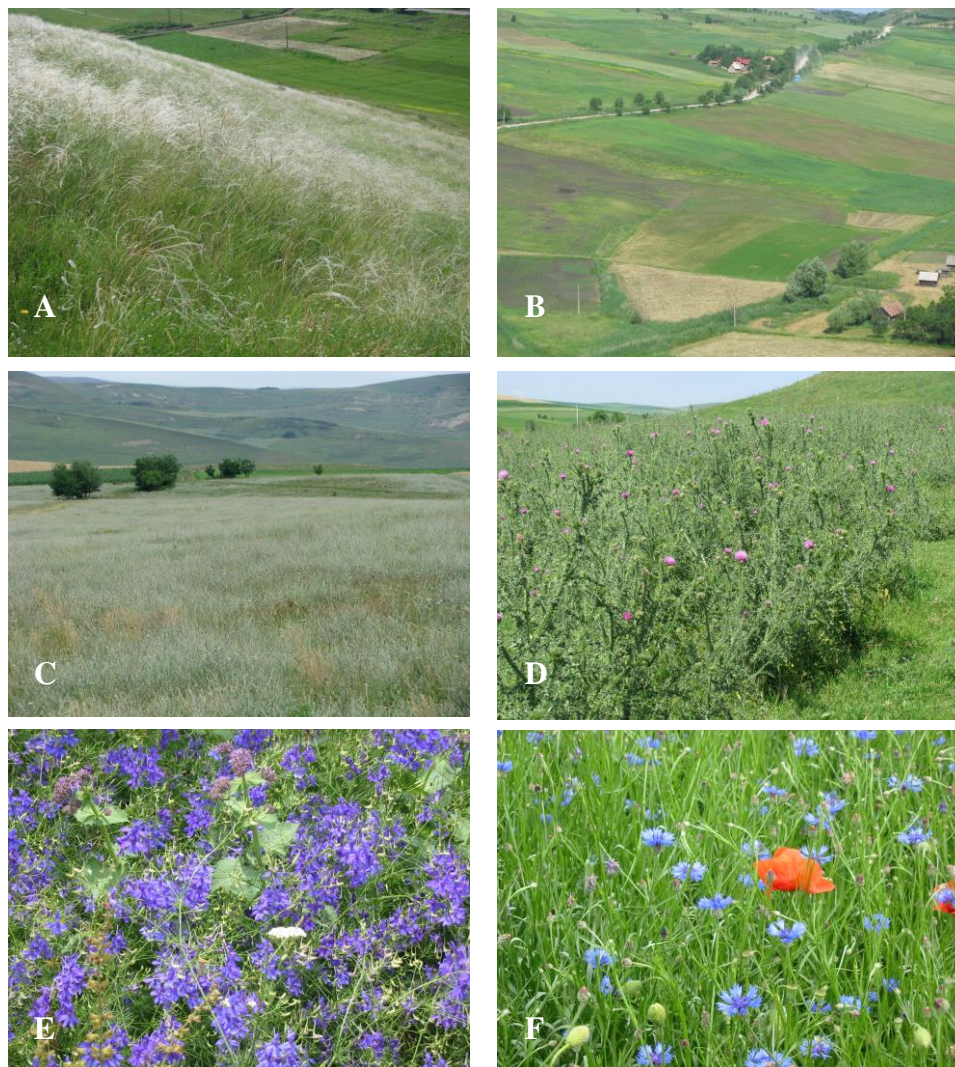


Fig. 2. The surroundings of Ulieş Village: **A.** Steppe vegetation; **B.** Agricultural lands; **C.** *Xeranthemum annuum*; **D.** Abandoned pasture; **E.** *Consolida regalis*; **F.** *Papaver rhoeas* (original)

In the ecological study the species peculiarities were analyzed in respect to abiotic factors such as: edaphic humidity (U), soil reaction (R), air temperature (T), light intensity (L), soil nitrogen content (N) (**Fig. 3**) (Oroian et al., 2014, 2018; Nagy 2018). The spectrum of ecological categories based on edaphic humidity shows that most of the species prefer dry and moderately moist soils (65.84%, $U_3+U_4+U_5$). The spectrum of ecological categories based on temperature presents that plants of plains and hilly areas are in high number (51.59%, $T_5+T_6+T_7$). The euriterm species are present in a proportion of 46.92% (T_x). Regarding the soil reaction slightly acid-neutrophylous (35.96 %, R_7) and euryionic (53.44 %, R_x) species are in higher proportions. The analysis of the bioforms (**Fig. 4**) is an important element in flora characterization, as they represent adaptation strategies of the Cormophytes to the succession of seasons. The

high percentage of hemicryptophytes (51.70%, H) indicates the temperate climate and it is related to the large areas occupied by meadows and the presence of the herbaceous layer in the forests. Therophytes (23.79%, T) indicate a more or less arid climate. Their distribution is strongly conditioned by anthropo-zoogenic influences and the existence of territories where the plant cover is discontinuous, occupied by annual plants. Phanerophytes (10.44%, Ph) and geophytes (9.47%, G) are specific to forests and are less present in meadows. The spectrum of geoelements (**Fig. 5**) provides information about the genetic pool richness of the phytocoenosis. The Euro-Asian (Eua) element represents the highest percentage (46.75%), followed by the European (26.51%, Eur), Circumboreal (6.27%, Circumbor), Ponto-Pannonian (6.27%, Pont-Pann), Mediterranean (1.69%, Med) and Carpathian (1.20%, Carp) elements, etc.

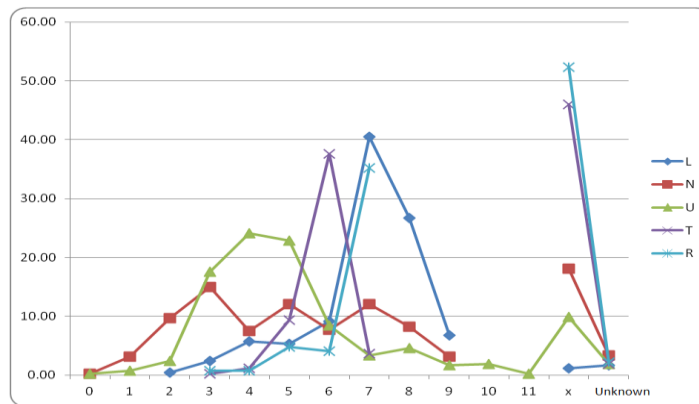


Fig. 3. The ecological categories spectrum of flora from the surroundings of Ulieș Village

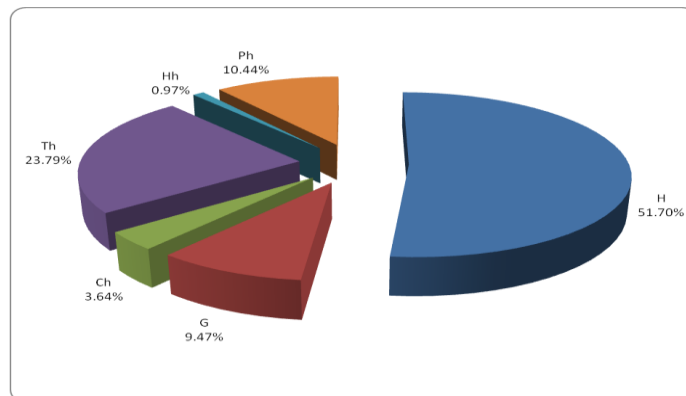


Fig. 4. The bioforms spectrum of flora from the surroundings of Ulieș Village

The Cosmopolitan element is also well represented (7.23%). Most of the medicinal plants have Eurasian, European, Ponto-Pannonian and Circumboreal origins. The higher number of diploids (**Fig. 6**) reveals the long-standing presence of flora, while the poliploids provide resistance to the unfavorable ecological conditions. From the reported taxa, 185 species are medicinal plants with certain content of active principles. The medicinal plants were grouped according to Eșianu and Laczkó-Zöld (2016), Eșianu and Șefănescu (2016) and also on the base of the most recent specialized publications (Rácz et al., 2012; Yberrt and Delesalle, 2013, Domokos et al., 2018). Plants containing tannins (13.51%) were in higher percentage followed by those with essential oils (12.97%), saponins (10.81%), alkaloids (8.10%), flavonoids (7.56%),

coumarins (7.02%), mucilages (5.94%), iridoids (5.40%), phenolic glycosides (3.78%), anthraquinone derivatives and cardiotoxic glycosides (3.24%), organic acids, vitamins and provitamins (3.78%), bitter principles (2.70%), bitter-aromatic principles (2.16%), etc. (**Fig. 7**). The most commonly used species in traditional medicine and phytotherapy are presented in **Table 2**. Most of the medicinal plants are used in digestive (53 sp.), respiratory (27 sp.), skin (23 sp.), locomotor (17 sp.), genitourinary (19 sp.) and cardiovascular (8 sp. each) disorders. A total of 40 species have monographs in the Romanian Pharmacopoeia (1994) and in the European Pharmacopoeia (2018).

During the study 10 taxa with special scientific value and rare species (in Romania and Europe) were identified. Some of them are considered also medicinal plants.

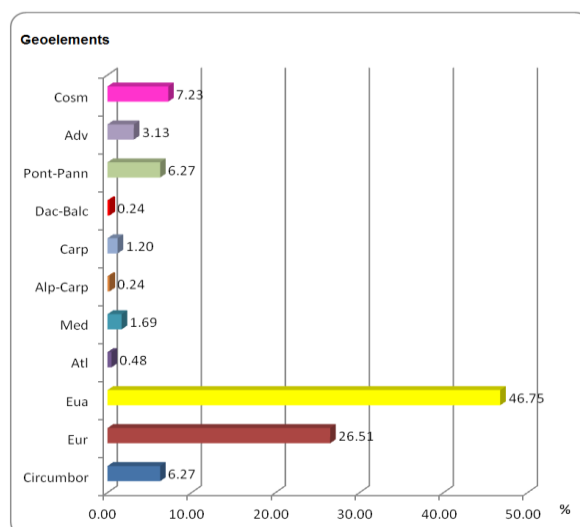


Fig. 5. The goelements spectrum of flora from the surroundings of Ulieș Village

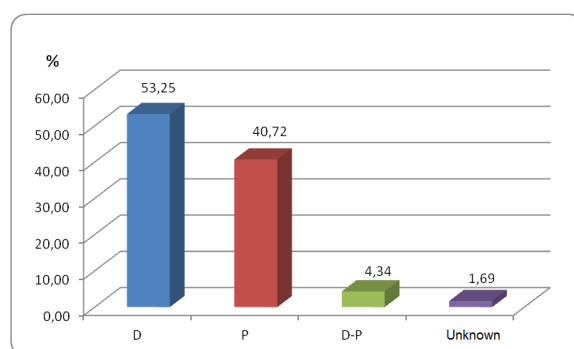


Fig. 6. The caryologic spectrum of flora from the surroundings of Ulieș Village

Thus, 4 endemic and subendemic taxa were found: *Aconitum lycoctonum* ssp. *moldavicum* (see **Fig. 8A** from the Supplementary Material), *Astragalus exscapus* ssp. *transilvanicus* (**Fig. 8C**), *Cephalaria radiata* and *Jurinea mollis* ssp. *transylvanica*. The taxa included in the European and National Red Lists are: *Adonis vernalis* (**Fig. 8B**; V, Dihoru and Dihoru, 1994), *Galanthus nivalis*

(**Fig. 8E**; EGO 57/2007, Annex 5 A; Council Directive 92/43/EEC, Annex 5b/VU), *Gymnadenia conopsea* (**Fig. 8D**; R, Oltean et al., 1994), *Orchis morio* (**Fig. 8F**; R, Oltean et al., 1994), *Salvia nutans* (V, Dihoru and Dihoru, 1994) (Bilz et al., 2011; Mihăilescu et al., 2015; Oroian et al., 2017; Sămărghișan et al., 2017).

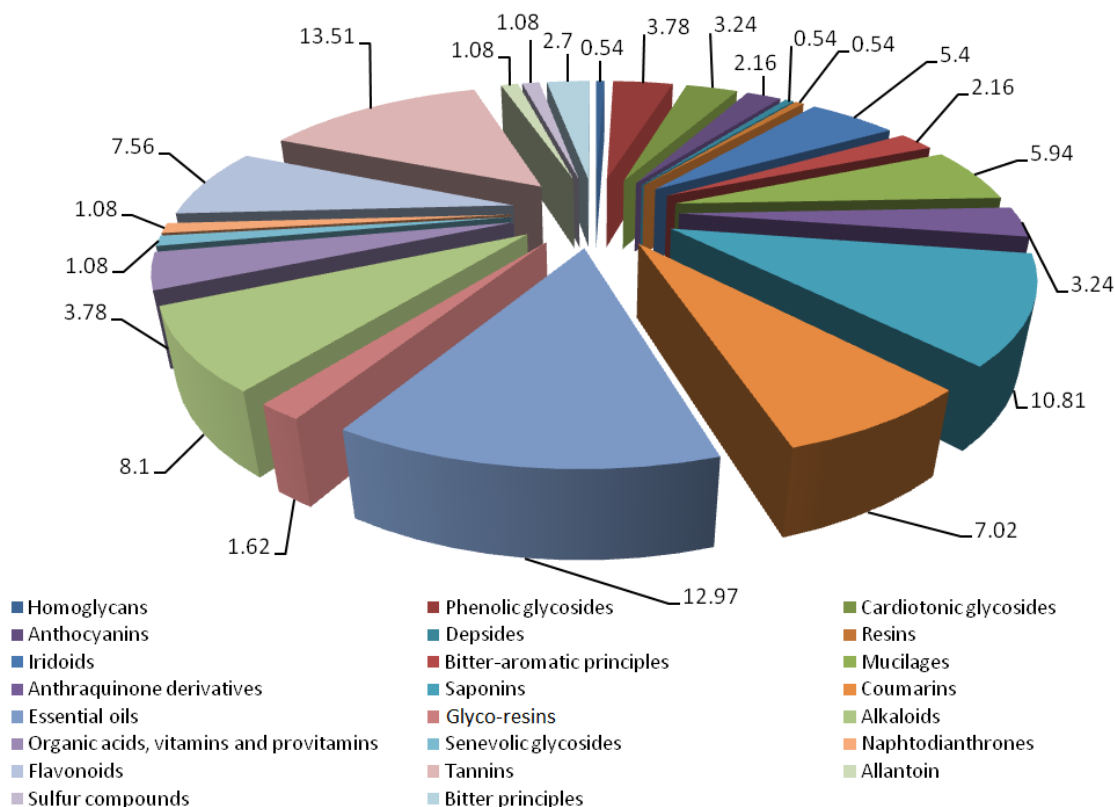


Fig. 7. The spectrum of the dominant active principles present in medicinal plants from the surroundings of Ulieș Village

Table 2. The dominant active principles of medicinal plants from the surroundings of Ulieș Village used in various human diseases

Dominant active principles	Taxa/ Presence in the Pharmacopoeia	Drugs	Phytotherapy for human disease/Disorders of various systems
Homoglycans	<i>Arctium lappa</i>	Radix	Dermatological problems: acne, eczema
Mucilages	<i>Hibiscus trionum</i> (see Fig. 9C , in the Supplementary Material)	Herba	Urogenital system disorders: diuretic/aquaretic
	<i>Malva sylvestris</i> (Fig. 9B) Eur. Ph.	Flos et folium	Diseases of the mouth; respiratory system disorders (antitussives); dermatological problems (eczema)

	<i>Orchis morio</i>	Tuber	-
	<i>Plantago lanceolata</i> Eur. Ph. <i>Plantago major</i> <i>Plantago media</i>	Folium	Digestive system disorders: hyperacid gastritis and ulcer; respiratory system disorders (antitussives); dermatological problems: wounds
	<i>Tussilago farfara</i>	Folium	Respiratory system disorders (antitussives)
Senevolic glycosides	<i>Raphanus raphanistrum</i>	Herba	Hypoglycemic
	<i>Sisymbrium officinale</i>	Herba	Respiratory system disorders: expectorants
Phenolic glycosides	<i>Populus nigra</i> <i>Populus tremula</i>	Gemma	Dermatological disorders: wounds, superficial burns; locomotor system problems: anti-inflammatory/analgesic action
	<i>Pyrus pyraeaster</i>	Folium	Urogenital system disorders: antimicrobial
	<i>Salix alba</i> Eur. Ph. *contains tannins <i>Salix cinerea</i>	Cortex	Locomotor system problems: anti-inflammatory/analgesic action, arthrosis, rheumatoid arthritis
	<i>Viburnum lantana</i>	Cortex	Central nervous system disorders: sleep disturbances, nervousness
Anthraquinone derivatives	<i>Frangula alnus</i> Eur. Ph., Rom. Ph. <i>Rhamnus catharticus</i>	Cortex	Digestive system disorders: constipation
	<i>Rumex acetosa</i>	Herba	Digestive system disorders: constipation
	<i>Rumex acetosella</i>	Herba	
	<i>Rumex conglomeratus</i> <i>Rumex crispus</i>	Rhizoma Rhizoma	
Naphthodianthrons	<i>Hypericum perforatum</i> (Fig. 8A) Eur. Ph., Rom. Ph.	Herba	Digestive system disorders: hyperacid gastritis and ulcer, acute and chronic liver disorders, functional disorders of the bladder and biliary tract; respiratory system disorders: immunostimulants; dermatological problems: wounds, superficial burns; locomotor system problems: anti-inflammatory/analgesic action; central nervous system disorders (depressions)
Cardiotonic glycosides	<i>Adonis vernalis</i>	Herba	Cardiovascular system disorders: heart failure
	<i>Convallaria majalis</i>	Herba	Cardiovascular system disorders: heart failure
	<i>Digitalis grandiflora</i>	Folium	Heart failure
	<i>Helleborus purpurascens</i>	Rhizoma et radix	Cardiovascular system disorders: heart failure
	<i>Leonurus cardiaca</i> Eur. Ph.	Herba	Cardiovascular disease: cardiac neurosis
Saponins	<i>Anagallis arvensis</i>	Herba	Urogenital and locomotive disorders
	<i>Bupleurum falcatum</i> Eur. Ph.	Radix	Digestive system disorders: hyperacid gastritis and ulcer, fatty liver
	<i>Eryngium planum</i>	Herba	Respiratory system disorders: bronchodilators

	<i>Equisetum arvense</i> Eur. Ph., Rom. Ph.	Herba	Diseases of the mouth, hyperacid gastritis and ulcer; respiratory system disorders: immunostimulants; urogenital disorders: diuretic/aquaretic
	<i>Hedera helix</i> Eur. Ph.	Herba	Respiratory system disorders: bronchodilators
	<i>Ononis arvensis</i> <i>Ononis spinosa</i>	Radix	Urogenital system disorders: diuretic/aquaretic
	<i>Primula veris</i> Eur. Ph., Rom. Ph.	Rhizoma cum radicibus	Respiratory system disorders: expectorants
	<i>Saponaria officinalis</i>	Radix	Respiratory system disorders: expectorants
	<i>Solidago virgaurea</i> Eur. Ph.	Radix	Urogenital system disorders: diuretic/aquaretic, antimicrobial; locomotor system problems: antirheumatic teas
	<i>Trifolium pratense</i>	Flos	Menopausal disorders
	<i>Trifolium repens</i>	Herba	Menopausal disorders
	<i>Viola odorata</i>	Herba	Respiratory system disorders: expectorants
	<i>Viola tricolor</i> Eur. Ph.	Herba	Urogenital disorders: diuretic/aquaretic; dermatological problems: acne, eczema
Flavonoids	<i>Capsella bursa-pastoris</i>	Herba	Dermatological problems: wounds; gynecological disorders: metrorrhagia
	<i>Crataegus monogyna</i> Eur. Ph., Rom. Ph.	Folium, fructus, flos	Cardiovascular system disorders: cardiac neurosis, angina pectoris
	<i>Prunella vulgaris</i> Eur. Ph.	Herba	Digestive system disorders: chronic gingivitis; allergies; diabetes, etc.
	<i>Prunus avium</i>	Stipites	Urogenital system disorders: diuretic/aquaretic
	<i>Sambucus nigra</i> Eur. Ph.	Flos	Digestive system disorders: constipation; locomotor system problems: antirheumatic teas
Anthocyanins	<i>Papaver rhoeas</i> Eur. Ph.	Flos	Respiratory system disorders; central nervous system disorders
	<i>Rosa gallica</i>	Flos	Urogenital system disorders: diuretic/aquaretic
Coumarins	<i>Fraxinus excelsior</i> Eur. Ph.	Folium	Digestive system disorders: constipation
	<i>Galium aparine</i> <i>Galium verum</i>	Herba	Urogenital system disorders: diuretic/aquaretic; dermatological disorders: eczema, psoriasis
	<i>Medicago falcata</i> <i>Medicago lupulina</i>	Herba	Gynecological disorders: menopausal disorders
	<i>Medicago sativa</i>	Herba	Digestive system disorders: hyperacid gastritis and ulcer; menopausal disorders
	<i>Melilotus officinalis</i> Eur. Ph.	Flos et herba	Digestive system disorders: hyperacid gastritis and ulcer
	<i>Pastinaca sativa</i>	Radix	Digestive system disorders: diseases of the mouth, functional disorders of

			the bladder and biliary tract
Tannins	<i>Agrimonia eupatoria</i> Eur. Ph.	Herba	Digestive system disorders: diseases of the mouth, functional disorders of the bladder and biliary tract, diarrhea
	<i>Epilobium hirsutum</i> <i>Epilobium parviflorum</i>	Herba Herba	Urogenital disorders: benign prostatic hyperplasia
	<i>Geranium robertianum</i>	Herba	Digestive system disorders: irritated colon, hemorrhoids
	<i>Geum urbanum</i>	Rhizoma	Digestive system disorders: diseases of the mouth, diarrhea
	<i>Juglans regia</i>	Folium, pericarpium	Digestive system disorders: diseases of the mouth, diarrhea; respiratory system disorders: immunostimulants; dermatological disorders: eczema
	<i>Lysimachia nummularia</i> <i>Lysimachia vulgaris</i>	Herba	Digestive system disorders: diseases of the mouth
	<i>Lythrum salicaria</i> Eur. Ph.	Herba	Digestive system disorders: diseases of the mouth, diarrhea
	<i>Polygonum aviculare</i>	Herba	Urogenital system disorders: diuretic/aquaretic
	<i>Potentilla anserina</i>	Herba	Digestive system disorders: diseases of the mouth, diarrhea; gynecological disorders: dysmenorrhea
	<i>Prunus spinosa</i>	Flos, fructus	Digestive system disorders: constipation
	<i>Quercus robur</i> Eur. Ph. <i>Quercus petraea</i>	Cortex	Digestive system disorders: diseases of the mouth, diarrhea
Depsids	<i>Cichorium intybus</i> Eur. Ph.	Herba et radix	Digestive system disorders: functional disorders of the bladder and biliary tract, constipation
Essential oils	<i>Achillea millefolium</i> Eur. Ph., Rom. Ph.	Flos	Digestive system disorders: diseases of the mouth, functional disorders of the bladder and biliary tract, diarrhea, abdominal colic, helminthiasis (anthelmintic); respiratory system disorders: immunostimulants; dermatological disorders: eczema, dermato-mycoses, contusions
	<i>Carum carvi</i> Eur. Ph.	Fructus	Digestive system disorders: meteorism
	<i>Matricaria chamomilla</i> Eur. Ph.	Flos	Digestive system disorders: diseases of the mouth, hyperacid gastritis and ulcer, diarrhea, abdominal colic, meteorism; respiratory system disorders: immunostimulants, expectorants; dermatological problems: eczema, wounds, superficial burns, frostbite; locomotor system problems: anti-inflammatory/analgesic action; gynecological disorders: dysmenorrhea
	<i>Mentha arvensis</i>	Folium	Digestive system disorders: functional

	<i>Mentha longifolia</i>		disorders of the bladder and biliary tract, vomiting, nausea, abdominal colic, meteorism; locomotor system problems: hiperemiant
	<i>Origanum vulgare</i> Eur. Ph.	Herba	Respiratory system disorders: asthma
	<i>Picea abies</i>	Turiones	Respiratory system disorders: expectorants; locomotor system problems: hiperemiant
	<i>Pinus sylvestris</i> Eur. Ph.	Turiones	Respiratory system disorders: disinfectant of the airway, expectorants; locomotor system problems hiperemiant
	<i>Thymus glabrescens</i> <i>Thymus pannonicus</i> <i>Thymus pulegioides</i>	Herba	Digestive system disorders: mouth diseases, helminthiasis; dermatological problems: dermatomycoses
	<i>Tilia cordata</i> Eur. Ph., Rom. Ph. <i>Tilia platyphyllos</i>	Flos	Respiratory system disorders: respiratory tract infections, bronchitis; central nervous system disorders: sleep disorders, nervousness
	<i>Valeriana officinalis</i> Eur. Ph., Rom. Ph.	Radix	Digestive system disorders: hyperacid gastritis and ulcer, vomiting, nausea; cardiovascular disorders: cardiac neurosis; central nervous system disorders: sleep disorders, nervousness
	<i>Xanthium spinosum</i>	Herba	Urogenital system disorders: micturition disorders
	<i>Symphytum officinale</i>	Radix	Digestive system disorders: mouth diseases, hyperacid gastritis and ulcer; dermatological disorders: wounds, contusions
Resins	<i>Humulus lupulus</i> Eur. Ph.	Strobuli	Central nervous system disorders: nervousness; menopausal disorders
Glyco-resins	<i>Convolvulus arvensis</i> <i>Calystegia sepium</i>	Herba	Digestive system disorders: constipation
	<i>Euphorbia cyparissias</i>	Herba	Dermatological diseases: verrucosis
Sulfur compounds	<i>Armoracia rusticana</i>	Radix	Urogenital system disorders: antimicrobial
Iridoids	<i>Ajuga genevensis</i> <i>Ajuga reptans</i>	Herba	Respiratory system disorders: asthma
	<i>Euphrasia rostkoviana</i>	Herba	Ophthalmic disorders
	<i>Lamium album</i>	Herba et flos	Urogenital system disorders: diuretic/aquaretic
	<i>Verbena officinalis</i> Eur. Ph.	Herba	Digestive system disorders: tonic; in convalescence; central nervous system disorders: headaches, migraines
Alkaloids	<i>Chelidonium majus</i> Eur. Ph., Rom. Ph.	Herba	Digestive system disorders: functional disorders of the bladder and biliary tract; dermatological diseases: verrucosis
	<i>Datura stramonium</i>	Folium	Respiratory system disorders: bronchodilators

	<i>Echium vulgare</i>	Herba	Urogenital system disorders: diuretic/aquaretic and transpiration stimulant; respiratory system disorders: expectorant; dermatological diseases: wound healing (cicatrization)
	<i>Fumaria officinalis</i> Eur. Ph.	Herba	Digestive system disorders: mouth diseases, acute and chronic liver disorders, functional disorders of the bladder and biliary tract
	<i>Solanum dulcamara</i>	Stipites	Dermatological diseases: eczema; locomotor system disorders: anti-rheumatic teas
	<i>Vinca minor</i> Rom. Ph.	Herba	Cardiovascular system disorders: hypertension
Bitter principles	<i>Ballota nigra</i> Eur. Ph.	Herba	Digestive, locomotor and central nervous system disorders
	<i>Centaurium erythraea</i> Eur. Ph.	Herba	Digestive system disorders: hypoacidity-dyspepsia, anorexia
	<i>Marrubium vulgare</i>	Herba	Digestive system disorders: hypoacidity-dyspepsia, anorexia, functional disorders of the bladder and biliary tract; respiratory system disorders: immunostimulators
	<i>Taraxacum officinale</i> Eur. Ph.	Radix et herba	Digestive system disorders: acute and chronic liver disorders, functional disorders of the bladder and biliary tract; urogenital system disorders: diuretic/aquaretic; Dermatological diseases: acne, eczema; locomotor system disorders: anti-rheumatic teas
Bitter-aromatic principles	<i>Artemisia absinthium</i> Eur. Ph.	Herba	Digestive system disorders: hypoacidity-dyspepsia, anorexia, functional disorders of the bladder and biliary tract
	<i>Tanacetum vulgare</i>	Herba	Digestive system disorders: helminthiasis
Organic acids, vitamins and provitamins	<i>Hippophaë rhamnoides</i>	Fructus	Dermatological diseases: eczema
	<i>Rosa canina</i> Eur. Ph.	Fructus	Digestive system disorders: helminthiasis; urogenital system disorders: urolithiasis
	<i>Rubus caesius</i>	Folium	Digestive system disorders: diarrhea
	<i>Urtica dioica</i> Eur. Ph.	Folium, Radix	Urogenital system disorders: diuretic/aquaretic, micturition disorders; dermatological diseases: <i>Alopecia areata</i> ; locomotor system problems: anti-inflammatory/analgesic action, anti-rheumatic teas, arthrosis, rheumatoid arthritis; urogenital system disorders: benign prostatic hyperplasia

Conclusions

The floristic inventory revealed the presence of 415 taxa included in 76 families. There were identified 185 medicinal plant taxa. Plants containing tannins (13.51%) were in higher proportion followed by those with essential oils (12.97%), saponins (10.81%) and alkaloids (8.10%). A total of 40 species have monographs in the Romanian Pharmacopoeia and in the European Pharmacopoeia. Most of the medicinal plants

are used in digestive, respiratory, skin, locomotor, genitourinary and cardiovascular disorders. The area gives shelter for 10 rare, endemic and subendemic plant taxa.

Conflict of Interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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