

## SUPPLEMENTARY MATERIALS

## Supplementary material 1

**Table 2.** Plants used in the traditional medicine and/or phytotherapy from some representative plant communities in the Niraj Valley

	Taxa in alphabetical order/ Sozological categories <sup>a</sup>	Dominant active principles	Drugs / Presence in the Pharmacopoeia <sup>b</sup>	Harvesting period
1.	<i>Acer campestre</i> <i>ssp. campestre</i>	Tannins	Cortex, folium	V-IX
2.	<i>Acer platanoides</i>	Tannins	Cortex	II-IV
3.	<i>Achillea millefolium</i> <i>ssp. millefolium</i>	Essential oils	Millefolii flos, Millefolii herba <b>Eur. Ph., Rom. Ph.</b>	VI-IX
4.	<i>Achillea millefolium</i> <i>var. collina</i>	Essential oils	Millefolii flos, Millefolii herba	VI-IX
5.	<i>Achillea ptarmica</i> <b>RL, Oltean et al.</b>	Essential oils	Flos	-
6.	<i>Achillea setacea</i>	Essential oils	Flos	VI-IX
7.	<i>Adonis aestivalis</i>	Cardiotonic glycosides	Adonidis herba	IV-VI
8.	<i>Agrimonia eupatoria</i> <i>ssp. eupatoria</i>	Tannins	Agrimoniae herba <b>Eur. Ph.</b>	VI-VIII
9.	<i>Ajuga reptans</i>	Iridoids	Ajugae herba, folium, flos	IV-VI
10.	<i>Alliaria petiolata</i>	Compuși sulfurați	Alliariae herba	IV-VI
11.	<i>Alnus glutinosa</i>	Tannins	Alni cortex, Alni folium, Alni gemma	III-IV, IV-V
12.	<i>Anagallis arvensis</i>	Saponins	Anagallidis herba	V-IX
13.	<i>Anthriscus sylvestris</i>	Flavonoids	Herba, fructus	V-VII
14.	<i>Anthyllis vulneraria</i> <i>ssp. vulneraria</i>	Tannins	Anthyllis herba, flos	V-VIII
15.	<i>Arctium lappa</i>	Homoglycans	Bardanae radix	II-III, X-XI
16.	<i>Artemisia vulgaris</i>	Bitter-aromatic principles	Artemisiae vulgaris herba	VI-VIII
17.	<i>Arum maculatum</i>	Saponins	Rhizoma	III-IV, IX-XI
18.	<i>Asarum europaeum</i>	Essential oils	Asari rhizoma	IV-V, VIII-IX
19.	<i>Asparagus officinalis</i>	Proteins, lipids, carbon hydrates	Asparagi rhizoma et radix	I-XII
20.	<i>Atropa bella-donna</i>	Alkaloids	Belladonnae folium et radix <b>Eur. Ph., Rom. Ph.</b>	V-VII, IX-XI
21.	<i>Ballota nigra</i>	Bitter principles	Ballotae nigrae herba <b>Eur. Ph.</b>	VIII

22.	<i>Brassica nigra</i>	Senevolic glycosides	Sinapis nigrae semen <b>Rom. Ph.</b>	VII-VIII
23.	<i>Bupleurum falcatum</i> ssp. <i>falcatum</i>	Saponins	Radix <b>Eur. Ph.</b>	IX-XI
24.	<i>Calluna vulgaris</i>	Phenolic glycosides	Callunae herba	VI-IX
25.	<i>Calystegia sepium</i>	Glicorezine	Herba	VI-IX
26.	<i>Capsella bursa-pastoris</i>	Flavonoids	Bursae pastoris herba	V-VIII
27.	<i>Cardamine bulbifera</i>	Bitter principles	Rhizoma	IX-XI
28.	<i>Cardamine pratensis</i>	Organic acids, vitamins and provitamins	Folium	IV-VII
29.	<i>Carlina acaulis</i> ssp. <i>acaulis</i>	Flavonoids	Carlinae radix	VIII-IX
30.	<i>Centaurea jacea</i> ssp. <i>jacea</i>	Anthocyanins	Flos	VI-IX
31.	<i>Centaureum erythraea</i> ssp. <i>erythraea</i>	Bitter principles	Centaurii herba <b>Eur. Ph.</b>	VI-VII
32.	<i>Chelidonium majus</i>	Alkaloids	Cheledonii herba, Chelidonii radix <b>Eur. Ph., Rom. Ph.</b>	IV-V, III-IV
33.	<i>Cichorium intybus</i>	Depside	Cichorii radix et herba <b>Eur. Ph.</b>	II-III, X-XI, VI-VIII
34.	<i>Clematis vitalba</i>	Alkaloids	Folium	VI-IX
35.	<i>Colchicum autumnale</i>	Alkaloids	Colchici bulbus et semen <b>Rom. Ph.</b>	IX-X, VI
36.	<i>Conium maculatum</i>	Alkaloids	Conii fructus et herba	VI-VII
37.	<i>Convallaria majalis</i>	Cardiotonic glycosides	Convallariae herba	V-VI
38.	<i>Convolvulus arvensis</i>	Glycoresins	Convolvuli herba	IV-IX
39.	<i>Cornus sanguinea</i>	Tannins	Cortex	III-IV
40.	<i>Coronilla varia</i>	Alkaloids	Herba, Semen	VI-IX
41.	<i>Corydalis cava</i>	Alkaloids	Tuber	V-XI
42.	<i>Corylus avellana</i>	Tannins	Coryli folium	VI-VIII
43.	<i>Crataegus monogyna</i>	Flavonoids	Crataegi folium cum flos, Crataegi fructus <b>Eur. Ph., Rom. Ph.</b>	V-VI, VII-VIII
44.	<i>Cruciata laevipes</i>	Coumarins	Herba	IV-V
45.	<i>Daucus carota</i> ssp. <i>carota</i>	Organic acids, vitamins and provitamins	Radix	IX-XI
46.	<i>Digitalis grandiflora</i>	Cardiotonic glycosides	Folium	V-VI
47.	<i>Dryopteris filix-mas</i>	Floroglucine	Filicis maris rhizoma	IX-XI, III-IV
48.	<i>Echium vulgare</i>	Alkaloids	Echii herba	VI-VIII

49.	<i>Elymus repens</i> ssp. <i>repens</i>	Homoglycans	Graminis rhizoma <b>Eur. Ph.</b>	III-X
50.	<i>Epilobium hirsutum</i>	Tannins	Epilobi hirsuti herba	VI-VIII
51.	<i>Epilobium montanum</i>	Tannins	Epilobi montani herba	VI-IX
52.	<i>Equisetum arvense</i>	Saponins	Equiseti herba <b>Eur. Ph., Rom. Ph.</b>	V-VII
53.	<i>Erigeron acris</i> ssp. <i>acris</i>	Tannins	Summitates	V-X
54.	<i>Erigeron annuus</i> ssp. <i>annuus</i>	Tannins	Summitates	VII-VIII
55.	<i>Eryngium campestre</i>	Saponins	Eryngii campestris rhizoma	III-IV, X-XI
56.	<i>Eryngium planum</i>	Saponins	Eryngii plani herba	VII-VIII
57.	<i>Euonymus europaeus</i>	Cardiotonic glycosides	Euonymi cortex	IX-XI
58.	<i>Euonymus verrucosus</i>	Cardiotonic glycosides	Cortex	IX-XI
59.	<i>Eupatorium cannabinum</i>	Flavonoids	Eupatorii cannabini rhizoma, radix et folium	VII-VIII
60.	<i>Euphorbia cyparissias</i>	Resins	Radix	IX-XI
61.	<i>Euphorbia salicifolia</i>	Organic acids, vitamins and provitamins	Flos	V-VI
62.	<i>Euphrasia rostkoviana</i> ssp. <i>rostkoviana</i>	Iridoids	Euphrasiae herba	VI-IX
63.	<i>Fagus sylvatica</i>	Tannins	Creosotum	IV-V
64.	<i>Filipendula ulmaria</i>	Phenolic glycosides	Ulmariae herba <b>Eur. Ph.</b>	VI-VIII
65.	<i>Filipendula vulgaris</i>	Flavonoids	Filipendulae flos, Filipendulae herba cum radicibus, Filipendulae radix	V-VII, VIII-IX
66.	<i>Fragaria vesca</i>	Tannins	Fragariae folium	V-IX
67.	<i>Fragaria viridis</i> ssp. <i>viridis</i>	Tannins	Folium	V-IX
68.	<i>Frangula alnus</i>	Anthraquinone derivatives	Frangulae cortex <b>Eur. Ph., Rom. Ph.</b>	II-IV
69.	<i>Fraxinus excelsior</i>	Coumarins	Fraxini folium <b>Eur. Ph.</b>	VI-IX
70.	<i>Galeobdolon luteum</i>	Iridoids	Herba	IV-V
71.	<i>Galium aparine</i>	Coumarins	Galii herba	V-IX
72.	<i>Galium mollugo</i>	Coumarins	Herba	VI-IX
73.	<i>Galium odoratum</i>	Coumarins	Asperulae herba	IV-VI
74.	<i>Galium verum</i>	Coumarins	Galii veri herba	V-IX
75.	<i>Genista sagittalis</i>	Alkaloids	Herba	VI-VII
76.	<i>Genista tinctoria</i> ssp. <i>tinctoria</i>	Alkaloids	Genistae tinctoriae herba	VI-VIII
77.	<i>Geranium phaeum</i>	Tannins	Herba	V-VI
78.	<i>Geranium robertianum</i>	Tannins	Geranii robertiani herba	VI-VIII

79.	<i>Geum urbanum</i>	Tannins	Gei rhizoma	III-IV, IX-X
80.	<i>Glechoma hederacea</i>	Bitter principles	Hederae terestris herba	IV-VI
81.	<i>Hedera helix</i>	Saponins	Hederae helicis folium <b>Eur. Ph.</b>	I-XII
82.	<i>Helianthemum nummularium</i> ssp. <i>nummularium</i>	Tannins	Folium	V-VII
83.	<i>Helleborus purpurascens</i>	Cardiotonic glycosides	Hellebori radix et rhizoma	III-IV, VIII-X
84.	<i>Heracleum sphondylium</i>	Coumarins	Heraclei sphondylii radix, Heraclei sphondylii herba	VI-IX, IX-XI
85.	<i>Humulus lupulus</i>	Resins	Lupuli strobuli, Lupuli glandulae <b>Eur. Ph.</b>	VIII-IX
86.	<i>Hypericum perforatum</i>	Naftodiantrone	Hyperici herba <b>Eur. Ph., Rom. Ph.</b>	VI-VIII
87.	<i>Iris pseudacorus</i>	Essential oils	Iridis pseudacori rhizoma	VIII-IX
88.	<i>Iris sibirica</i> <b>RL, Dihoru and Dihoru</b>	Essential oils	Rhizoma	-
89.	<i>Juglans regia</i>	Tannins	Juglandis folium, Juglandis pericarpium, Juglandis cortex	VI-VII, IX
90.	<i>Lamium album</i>	Iridoids	Lamii albi flos, Lamii albi herba	IV-VIII
91.	<i>Lamium purpureum</i>	Tannins	Lamii purpureumi herba	III-IX
92.	<i>Leucojum vernalis</i>	Alkaloids	Bulbus	IV-XI
93.	<i>Linaria vulgaris</i>	Flavonoids	Linariae herba	VI-IX
94.	<i>Linum austriacum</i>	Mucilages	Semen	VI-VIII
95.	<i>Linum catharticum</i>	Mucilages	Semen	VI-VIII
96.	<i>Linum flavum</i>	Mucilages	Semen	VI-VIII
97.	<i>Linum hirsutum</i>	Mucilages	Semen	VI-VIII
98.	<i>Lotus corniculatus</i>	Anthocyanins	Flos	V-IX
99.	<i>Lysimachia nummularia</i>	Tannins	Lysimachiae herba	V-VII
100.	<i>Lysimachia vulgaris</i>	Tannins	Herba	VI-VII
101.	<i>Lythrum salicaria</i>	Tannins	Salicariae herba <b>Eur. Ph.</b>	VI-VIII
102.	<i>Malus sylvestris</i>	Tannins	Malusi sylvestris fructus <b>Eur. Ph.</b>	IX-X
103.	<i>Malva sylvestris</i> ssp. <i>sylvestris</i>	Mucilages	Malvae flos et folium	VI-VII
104.	<i>Medicago falcata</i>	Coumarins	Herba	V-X
105.	<i>Melilotus officinalis</i>	Coumarins	Meliloti herba, flos <b>Eur. Ph.</b>	VI-VIII
106.	<i>Mentha aquatica</i>	Essential	Menthae aquaticae	VI-VIII

		oils	folium	
107.	<i>Mentha arvensis</i> spp. <i>arvensis</i>	Essential oils	Folium	VI-VIII
108.	<i>Mentha longifolia</i> ssp. <i>longifolia</i>	Essential oils	Folium	VI-VIII
109.	<i>Mentha pulegium</i>	Essential oils	Menthae pulegii herba	VI-VIII
110.	<i>Mercurialis perennis</i>	Saponins	Herba	IV-VI
111.	<i>Mycelis muralis</i>	Iridoids	Myceli herba	VI-VIII
112.	<i>Narcissus poeticus</i> ssp. <i>radiiflorus</i> <b>BC</b>	Alkaloids	Bulbus	-
113.	<i>Nepeta nuda</i> ssp. <i>nuda</i>	Essential oils	Semen	VII-VIII
114.	<i>Oenanthe aquatica</i>	Essential oils	Fructus	VII-VIII
115.	<i>Ononis arvensis</i> ssp. <i>arvensis</i>	Saponins	Radix	III-IV, X-XI
116.	<i>Orchis laxiflora</i> ssp. <i>elegans</i> <b>RL, Oltean et al.</b>	Mucilages	Tuber	-
117.	<i>Orchis militaris</i> <b>RL, Oltean et al.</b>	Mucilages	Tuber	-
118.	<i>Orchis morio</i> <b>RL, Oltean et al.</b>	Mucilages	Salep tuber	-
119.	<i>Origanum vulgare</i> ssp. <i>vulgare</i>	Essential oils	Origani herba <b>Eur. Ph.</b>	VI-VIII
120.	<i>Papaver rhoeas</i>	Anthocyanins	Rhoeados flos <b>Eur. Ph.</b>	VI-VII
121.	<i>Pastinaca sativa</i> ssp. <i>sativa</i>	Coumarins	Pastinaci radix	IX-XI
122.	<i>Pastinaca sativa</i> ssp. <i>sylvestris</i>	Coumarins	Radix	IX-XI
123.	<i>Petasites hybridus</i>	Essential oils	Petasitidis rhizoma	III-IV, IX-X
124.	<i>Peucedanum oreoselinum</i>	Essential oils	Rhizoma	IX-XI
125.	<i>Physalis alkekengi</i>	Organic acids, vitamins and provitamins	Alkekengi fructus	VIII-IX
126.	<i>Pimpinella saxifraga</i> ssp. <i>saxifraga</i>	Essential oils, Coumarins	Pimpinellae radix	IV-X
127.	<i>Plantago lanceolata</i>	Mucilages	Plantaginis folium <b>Eur. Ph.</b>	V-X
128.	<i>Plantago major</i>	Mucilages	Folium	V-X
129.	<i>Plantago media</i>	Mucilages	Folium	V-X
130.	<i>Polygala comosa</i>	Saponins	Herba	IV-VI
131.	<i>Polygala major</i>	Saponins	Herba	IV-VI
132.	<i>Polygala vulgaris</i>	Saponins	Polygalae radix	IX-XI
133.	<i>Polygonatum odoratum</i>	Cardiotonic	Polygonati rhizoma	IX-X

		glycosides	et radix	
134.	<i>Polygonum bistorta</i>	Tannins	Bistortae rhizoma <b>Eur. Ph.</b>	III-IV, IX-X
135.	<i>Polygonum hydropiper</i>	Flavonoids	Polygoni hydropiperis herba	VII-IX
136.	<i>Populus alba</i>	Phenolic glycosides	Gemma	II-III
137.	<i>Populus nigra</i>	Phenolic glycosides	Populi gemma	II-III
138.	<i>Populus tremula</i>	Phenolic glycosides	Populi cortex	II-IV
139.	<i>Potentilla argentea</i> ssp. <i>argentea</i>	Tannins	Rhizoma	IX-X
140.	<i>Potentilla erecta</i>	Tannins	Tormentillae rhizoma <b>Eur. Ph.</b>	IX-X
141.	<i>Potentilla recta</i> ssp. <i>recta</i>	Tannins	Rhizoma	IX-X
142.	<i>Potentilla reptans</i>	Tannins	Rhizoma	IX-X
143.	<i>Primula veris</i> ssp. <i>veris</i>	Saponins	Primulae rhizoma cum radicibus <b>Eur. Ph., Rom. Ph.</b>	IV-V, IX-X
144.	<i>Prunella vulgaris</i>	Tannins	Prunellae herba	VI-VIII
145.	<i>Prunus avium</i>	Flavonoids	Cerasorum stipites	VI-VI
146.	<i>Prunus spinosa</i>	Tannins	Pruni spinosae flos et fructus	IV-V, X-XI
147.	<i>Prunus tenella</i> <b>RL, Oltean et al.</b>	Cyanogenic glycosides	Folium, semen	-
148.	<i>Pulicaria dysenterica</i>	Flavonoids	Herba	VII-IX
149.	<i>Pulmonaria officinalis</i>	Saponins	Pulmonariae folium	III-IV
150.	<i>Pyrus pyraeaster</i>	Phenolic glycosides	Folium	IV-V
151.	<i>Quercus petraea</i>	Tannins	Cortex	III-IV
152.	<i>Quercus robur</i>	Tannins	Quercus cortex <b>Eur. Ph.</b>	III-IV
153.	<i>Ranunculus ficaria</i>	Saponins	Ficariae radix, Ficariae folium	III, IX-X
154.	<i>Robinia pseudoacacia</i>	Flavonoids	Acaciae flos	V-VI
155.	<i>Rosa canina</i>	Organic acids, vitamins and provitamins	Cynosbati fructus <b>Eur. Ph.</b>	IX-X
156.	<i>Rosa gallica</i>	Anthocyanins	Rosae petalum	V-VI
157.	<i>Rubus caesius</i>	Organic acids, vitamins and provitamins	Folium	V-IX
158.	<i>Rubus idaeus</i>	Organic acids, vitamins and provitamins	Rubi idaeae folium	V-VII
159.	<i>Rumex acetosa</i>	Anthraquinone derivatives	Rhizoma	III-V, IX-X
160.	<i>Rumex acetosella</i>	Anthraquinone	Rhizoma	III-V,

	<i>ssp. acetosella</i>	derivatives		IX-X
161.	<i>Rumex crispus</i>	Anthraquinone derivatives	Rhizoma	III-V, IX-X
162.	<i>Salix alba</i>	Tannins, Phenolic glycosides	Salicis cortex <b>Eur. Ph.</b>	II-VI
163.	<i>Salix caprea</i>	Tannins, Phenolic glycosides	Cortex	II-VI
164.	<i>Salix cinerea</i>	Tannins, Phenolic glycosides	Cortex	II-VI
165.	<i>Salix fragilis</i>	Tannins, Phenolic glycosides	Cortex	II-VI
166.	<i>Salix purpurea</i> <i>ssp. lambertiana</i>	Tannins	Cortex	II-VI
167.	<i>Sambucus nigra</i>	Flavonoids	Sambuci flos <b>Eur. Ph.</b>	VI-VII
168.	<i>Sanguisorba officinalis</i>	Tannins	Sanguisorbae herba <b>Eur. Ph.</b>	V-VIII
169.	<i>Sanicula europaea</i>	Saponins	Saniculae europaeae rhizoma, herba	V-VII, IX-XI
170.	<i>Saponaria officinalis</i>	Saponins	Saponariae rubrae radix	VIII-IX
171.	<i>Scabiosa ochroleuca</i>	Flavonoids	Herba	VI-VIII
172.	<i>Scrophularia nodosa</i>	Iridoids	Herba	VI-VIII
173.	<i>Scrophularia scopolii</i>	Iridoids	Herba	V-VIII
174.	<i>Senecio jacobea</i>	Flavonoids	Herba	VII-VIII
175.	<i>Solanum dulcamara</i>	Alkaloids	Dulcamarae stipes	VI-VII, IX-X
176.	<i>Solidago virgaurea</i> <i>ssp. virgaurea</i>	Saponins	Solidaginis summitates <b>Eur. Ph.</b>	VII-IX
177.	<i>Stachys germanica</i>	Iridoids	Herba	VI-VIII
178.	<i>Stachys officinalis</i>	Iridoids	Stachysi herba	VI-VIII
179.	<i>Stellaria media</i>	Saponins	Herba	III-X
180.	<i>Symphytum officinale</i>	Allantoin	Symphyti radix et folium	III-IV, X
181.	<i>Tanacetum corymbosum</i>	Bitter-aromatic principles	Flos	VI-VIII
182.	<i>Tanacetum vulgare</i>	Bitter-aromatic principles	Tanaceti flos	VII-IX
183.	<i>Taraxacum officinale</i>	Bitter principles	Taraxaci radix, Taraxaci herba <b>Eur. Ph.</b>	X-XI, III-IX
184.	<i>Teucrium chamaedrys</i>	Bitter-aromatic principles	Chamaedryos herba	VI-IX
185.	<i>Thalictrum minus</i>	Alkaloids	Herba	V-VIII
186.	<i>Thymus glabrescens</i>	Essential oils	Herba	V-VIII

187.	<i>Thymus pannonicus</i> ssp. <i>pannonicus</i>	Essential oils	Herba	V-VIII
188.	<i>Thymus pulegioides</i> ssp. <i>pulegioides</i>	Essential oils	Herba	V-VIII
189.	<i>Tilia cordata</i>	Essential oils	Tiliae flos <b>Eur. Ph., Rom. Ph.</b>	VI-VII
190.	<i>Trifolium campestre</i>	Flavonoids	Herba	V-IX
191.	<i>Trifolium pratense</i>	Flavonoids	Trifolii rubi flos	V-IX
192.	<i>Trifolium repens</i>	Flavonoids	Trifolii albi herba	V-X
193.	<i>Tussilago farfara</i>	Mucilages	Farfarae folium, Farfarae flos	IV-VI, II-IV
194.	<i>Urtica dioica</i>	Organic acids, vitamins and provitamins	Urticae folium et radix <b>Eur. Ph.</b>	V-IX, III-V, IX-X
195.	<i>Valeriana officinalis</i>	Essential oils	Valerianae rhizoma et radix <b>Eur. Ph., Rom. Ph.</b>	X-XI
196.	<i>Veratrum album</i>	Alkaloids	Veratri rhizoma	IX-X
197.	<i>Verbascum nigrum</i>	Mucilages	Flos	VI-VIII
198.	<i>Verbascum phoeniceum</i>	Mucilages	Flos	V-VII
199.	<i>Veronica chamaedrys</i> ssp. <i>chamaedrys</i>	Flavonoids	Herba	IV-VIII
200.	<i>Veronica officinalis</i>	Flavonoids	Veronicae herba	VI-VIII
201.	<i>Veronica orchidea</i>	Flavonoids	Herba	VI-IX
202.	<i>Veronica spicata</i> ssp. <i>spicata</i>	Flavonoids	Herba	VI-IX
203.	<i>Veronica teucrium</i> ssp. <i>teucrium</i>	Flavonoids	Herba	V-VII
204.	<i>Viburnum opulus</i>	Phenolic glycosides	Viburni cortex	III-IV, IX-X
205.	<i>Vinca minor</i>	Alkaloids	Vincae minoris herba <b>Rom. Ph.</b>	V-VI
206.	<i>Vincetoxicum hirundinaria</i> ssp. <i>hirundinaria</i>	Flavonoids	Radix	V-VIII
207.	<i>Viola odorata</i>	Saponins	Violae odoratae radix	II-III, IX-X
208.	<i>Viola tricolor</i>	Saponins	Violae tricoloris herba <b>Eur. Ph.</b>	V-VIII

Note: a - Zoological categories: **BC** - Species included in the Bern Convention; **RL Oltean et al.** - Species on the Red List of Superior Plants from Romania: Oltean M, Negrean G, Popescu A, Roman N, Dihoru GH, Sanda V, Mihăilescu S (1994) Lista roșie a plantelor superioare din România-Studii, sinteze, documentații de ecologie, Ed. Acad. Română, Inst. de Biol., București; **RL Dihoru and Dihoru** - Species on the Red List: Dihoru G, Dihoru A (1994) Plante rare, periclitare și endemice în Flora României-Lista Roșie. Acta Bot Horti bucest 1993-1994:173-197; b - Pharmacopoeia: **Eur. Ph.** - European Pharmacopoeia Online 9.3 <http://online6.edqm.eu/ep903/>. Accessed 16 June 2018; **Rom. Ph.** - Farmacopeea Română (1993) Ed. a X-a, Ed. Medicală, București.